

HERE FOR YOUR SUCCESS



SIGNATURE SUPERVISION FOR CNS CANDIDATES



CLINICIAN'S
INCUBATOR

WELCOME

TO YOUR PREMIER CNS SUPERVISION EXPERIENCE

We're so excited you are here. We love to work with early career nutrition professionals to help translate what you have learned in school into clinical practice.

In the next few pages, you'll learn more about what is included in Signature Supervision, a 12-month Supervised Practice Experience (SPE) for CNS Candidates.

We can't wait to hear more about you and see how you are going to grow your dreams.





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OUR PROMISE TO YOU

Here's the deal. We have been through what you are facing. It can be tough, but you got this. We can help.

We design our programs intentionally - with the goal to help people not only get their hours, but do everything else required to get their CNS certification and make nutrition their career.

This isn't a "check the boxes" type of program. As you'll see, we work hard to provide lots of support, and genuinely love to work with you!

Liz Abel, Alyson Roux, &
Meg Bowman



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A woman wearing a brown hijab and a white lab coat is sitting at a desk, smiling while looking at a laptop. The image has a blue overlay. Two vertical white lines are positioned on the page: one near the top center and one near the bottom center.

Signature Supervision

CULTIVATE YOUR CAREER

SIGNATURE SUPERVISION PROGRAM

WHAT'S INCLUDED?



Regular individual and small-group supervision so that you can get help with client questions right when you need it.



Monthly education modules designed to teach you the "how" of nutrition practice (school already taught the "what").



Watch us working with clients - watch live or view the bank of recorded client sessions.



A live Overwhelmed to Outstanding program that will have you up and running and ready to see clients in no time. Legal and client forms, charting and more.



Regular support from a mentor who has been through the program and can walk you through EVERY step you need to take to get your CNS.



Monthly community socials so you can get to know your peers and build your network with like-minded practitioners.



Opportunities to get client hours with Project Heal, a national non-profit that we partner with exclusively.



A comprehensive CNS test prep program that starts three months before every exam.

Sample Month - Signature Supervision



Please note the days of the week do not reflect your final schedule.

(c) Clinician's Incubator 2023

S	M	T	W	T	F	S
Education module opens	Bonus: Workshop	Bonus: Case Consultation Group		Group Clinical Supervision	Bonus: Student Advising Session	
		Bonus: Community Social	Bonus: Shadowing	Bonus: Test Prep	Individual Supervision	
	Bonus: Workshop	Group Clinical Supervision	Bonus: Shadowing	Bonus: Test Prep		
		Bonus: Case Consultation Group	Individual Supervision	Bonus: Test Prep	Group Education Supervision	

Frequently Asked Questions:

Is the schedule flexible?

Yes! You'll be invited to book individual supervision, group clinical supervision, and group education supervision sessions yourself, so you can always ensure they will match your schedule.

For some of the bonus programming, like workshops, shadowing and test prep, we will record the sessions. If you can't come live, you can always watch later.

Do I need to come to everything?

Nope! Prioritize individual and group supervision, as that is needed to get your CNS. Anything labeled "Bonus" means we don't take attendance. Come to what makes sense for you.

Monthly Supervision

SIGNATURE SUPERVISION

Individual Supervision

In your 30-minute personal supervision sessions you can really dig in to the growing your skills with client work. Schedule a session after each client intake so you can get support with food or supplement protocols, labs and client behavior change.

People tell us they adore clinical rounds. Not only do you get to have a strategy session about a challenge you or your client is facing, you also get to listen in and support your peers with their challenges. Huge growth happens here. We keep groups small - so you are actively engaged.

Clinical Rounds Supervision

Education Rounds Supervision

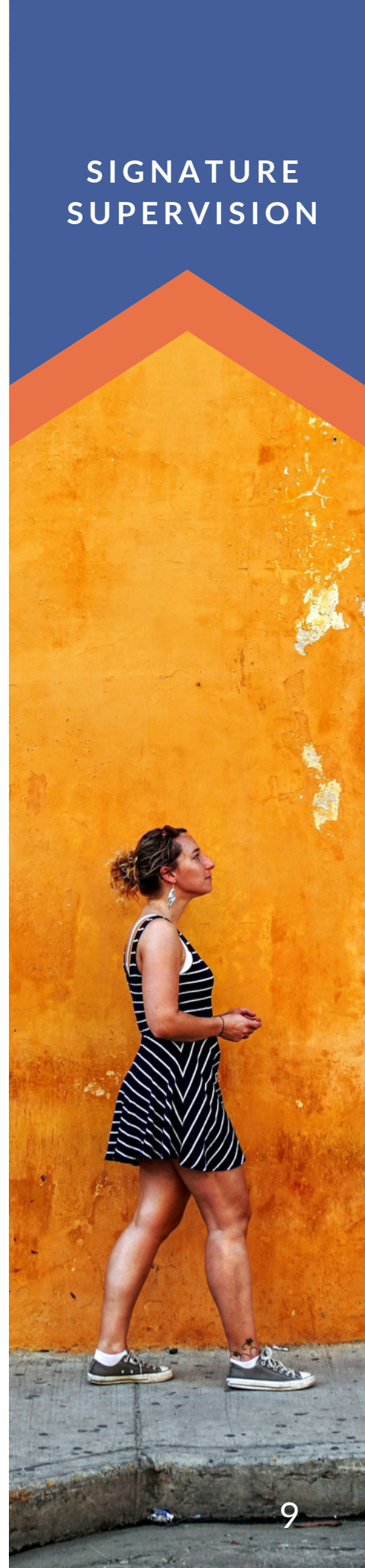
Once monthly we'll meet to go over any specific questions or challenges you have about the education module topic of the month (see the following page). Bring your questions, concerns, and client challenges related to that topic.

EDUCATION MODULES

SIGNATURE
SUPERVISION

When you enter Signature Supervision, you'll instantly get access to all 12 education modules filled with helpful videos, handouts, and resources. We don't want to repeat school (and you don't need that), so our modules focus on "how" to apply what you've learned in school to client work.

- Mental Health Nutrition
- Eating Behavior
- Eating Disorders
- Stress Hormones
- Metabolic
- GI Module 1 (motility)
- Pregnancy and Lactation
- Thyroid
- GI Module 2 (Autoimmune)
- Sleep
- Pain and Inflammation
- Sex Hormones



Supervisor Feedback on Your Client Sessions

GET CRYSTAL CLEAR ON YOUR STRENGTHS

If you've ever wanted feedback on your client sessions, have we got news for you! Over the course of Signature Supervision, you'll record 3 sessions with your clients (don't worry, we have a tool that helps you do this).

Then, you'll meet with a supervisor and review those client sessions together, giving the supervisor an opportunity to provide supportive feedback about your session. They'll also provide suggestions for growth opportunities, so you can continue to develop as a CNS candidate.



Signature Supervision

BONUS PROGRAMMING

OVERWHELMED TO OUTSTANDING ROADMAP

BONUS
PROGRAMMING

Included in our Signature Supervision Program is the Overwhelmed to Outstanding Roadmap. You're in charge of how fast or slow you go through this roadmap, but you'll get help from a student advisor to plot your path.

We include live and recorded trainings on:

- Using the BCNS Tracker
- Charting
- Nutrition diagnosis
- Electronic medical record set up and automation
- Using legal forms and client notes (we provide)
- Maximizing client discovery calls
- Care coordination with the client's healthcare team
- Setting expectations with the client
- Setting up labs and supplement vendors



BONUS
PROGRAMMING

MAKE LASTING CONNECTIONS AT THE Monthly Community Social

We know that getting your CNS can feel a little isolating. That's why we host monthly community socials where you can get to know your peers, share your experiences, and build lasting connections. These social gatherings provide a welcoming and inclusive environment for CNS candidates to come together, unwind, and engage in meaningful conversations.

Whether you're a seasoned CNS candidate or just starting your journey, our community socials offer a fantastic opportunity to connect with like-minded individuals who share your passion and interests.

Want to Learn More?

Sign up for a no-obligation 30-minute Zoom info session. We'll talk about your goals, give you a tour of the program, and answer any questions you have.

[Schedule an info session](#)

Keep scrolling to see **all** the bonus material that comes with our Signature Supervision Program!

Student Advising

REGULAR SUPPORT TO HELP YOU PLAN YOUR SUPERVISED PRACTICE EXPERIENCE

Getting started on your CNS Supervised Practice Experience (SPE) can be a little overwhelming. Sure, you have to make a plan to accrue the hours, but you also have to plan to fulfill the competencies that are required in the BCNS tracker.

Fear not! Your student advisor will meet with you a few times during your initial months to help you chart a path that is right for your needs.



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DON'T FORGET

the hours opportunities!

We know the thought of getting hours is overwhelming. Don't worry! Most people starting supervision have few, if any clients. You're not alone.

Don't wait to start supervision until you have clients - it is our job to help you get those clients. In the meantime, you can start accruing hours with:

- Shadowing (observational)
- Case Studies (observational)
- Volunteering for Meal Support with Project Heal (direct)
- Volunteering for 1:1 support with Project Heal (direct)

That's right, we have opportunities ready and waiting for you regardless of whether you need observational or direct hours (or both).

PRACTICE INCUBATOR

BONUS
PROGRAMMING

Ready to launch your private practice?

With Practice Incubator, you can access a comprehensive online library of educational videos, handouts, and resources to help you launch your own private practice. Our carefully curated content **covers every aspect of establishing and running a successful practice, from legal and financial considerations to marketing and client management.**

Our goal is to empower you with the knowledge and tools you need to confidently navigate the path to building your thriving private practice, turning your aspirations into a reality while relieving the uncertainties that can accompany such a significant career step.

WHAT YOU GET:

- Interviews with a lawyer
- Legal forms
- Interviews with an accountant
- Client forms
- Care coordination forms
- Intake SOAP note
- Follow up SOAP note

AND MORE:

- How to navigate supplements and labs
- How to network effectively to build your referral sources
- How to organize your clinical information
- Office policies
- Suggested email outreach

BONUS
PROGRAMMING



Tests aren't fun

But they feel much less scary when you
prepare as a team!

Prior to every CNS exam, we host a series of more than 12 live workshops to help prepare you for the exam. We'll review how to conquer tough questions, and dig into different subject matter areas to help you feel prepared.

WHAT PEOPLE SAY ...



“This is WAY more helpful than graduate school.”

Laurie P.

“I wish I’d signed up ages ago. I feel so supported.”

Jamie K.



“I couldn’t have gotten my CNS without them.”

Lindsey B.

Signature Supervision Investment

Use Affirm to divide payments into 6, 12, or 24 months starting at

\$225
per month

With Affirm, you can choose to divide your enrollment fee for the 12-month Signature Supervision program into 6, 12, or 24 monthly payments with zero interest.

Just imagine where you'll be after a year of coaching, support, and resources.



Nested Health Coach Certification

MASTER ROOT CAUSE BEHAVIOR
CHANGE COACHING

YOU ALREADY KNOW HOW TO GET TO THE ROOT CAUSE WITH NUTRITION.

But have you mastered the art of getting clients to actually make the changes that they need to get well?



Nested Health Coach Certification is 100% dedicated toward mastering the critical behavior change skills you need to support your client in regaining their health.

Far from being a “nutritionist-lite” type program, Nested teaches behavior change through a root cause lens, enabling you to always know exactly what to do in a client session.

If you’re looking for a way to **get rock star confident** in your ability to get a client where they need to go, look no further.

Nested Health Coach Certification will provide the skills you need.

What makes us unique?



Finish in 12 Weeks



Learn the material, and apply it to your practice in **just 12 weeks**.



Open to Providers



Exclusive to therapy, nutrition, and other healthcare providers so you can **learn with peers**.



100% Live Delivery



This course is delivered 100% live, which means **no watching hours of videos on your own**.



Live Feedback



We provide **twice the amount of live faculty feedback** required by the NBHWC board so you can get rock-star confident with your skills



Clients Provided



To get the faculty feedback described above, you'll need clients. **We provide them!**



Board Approved



Clinician's Incubator - Nested Health Coach Certification is an Approved Health and Wellness Coach Training & Education Program by the National Board for Health and Wellness Coaching (NBHWC). Graduates of this program are eligible to apply for the HWC Certifying Examination to become National Board Certified Health & Wellness Coach (NBC-HWC).

Nested + Signature Supervision

Match root cause nutrition with root cause behavior change and skyrocket your career. Use the “Incubator Bundle” to get 12 months of Signature Supervision plus our 12-week Nested Health Coach Certification.

Since you’re signing up for both programs, **we’ll include an 15% discount** - we’ll give you the special code to use to enroll in your application session.

Use Affirm to divide payments into 6, 12, or 24 months starting at

\$383
per month

APPLY NOW

1

STEP ONE: Schedule an Info Session

Make an info session appointment - we want to make sure you have all your questions answered before you take the time (and effort) to apply.

2

STEP TWO: Submit Application Materials

Once you've had the info session, we'll send you a link to submit your application materials. We ask for a resume, a copy of your transcript (unofficial is fine) and a brief statement about your interests and goals in nutrition.

3

STEP THREE: Application Interview

Have your application interview over zoom with one of our supervisors. Ask any last-minute questions you have. That's it! You're done!





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LET'S STAY IN TOUCH!

We'd love to hear from you. Have questions? We got answers.

Shoot us an email at info@cliniciansincubator.com and we'll get back with you shortly!

Next Steps:

[Sign up for an info session here](#)

Email: info@cliniciansincubator.com

Website: cliniciansincubator.com



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