

HERE FOR YOUR SUCCESS



SUPERVISION PROGRAMS



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WELCOME

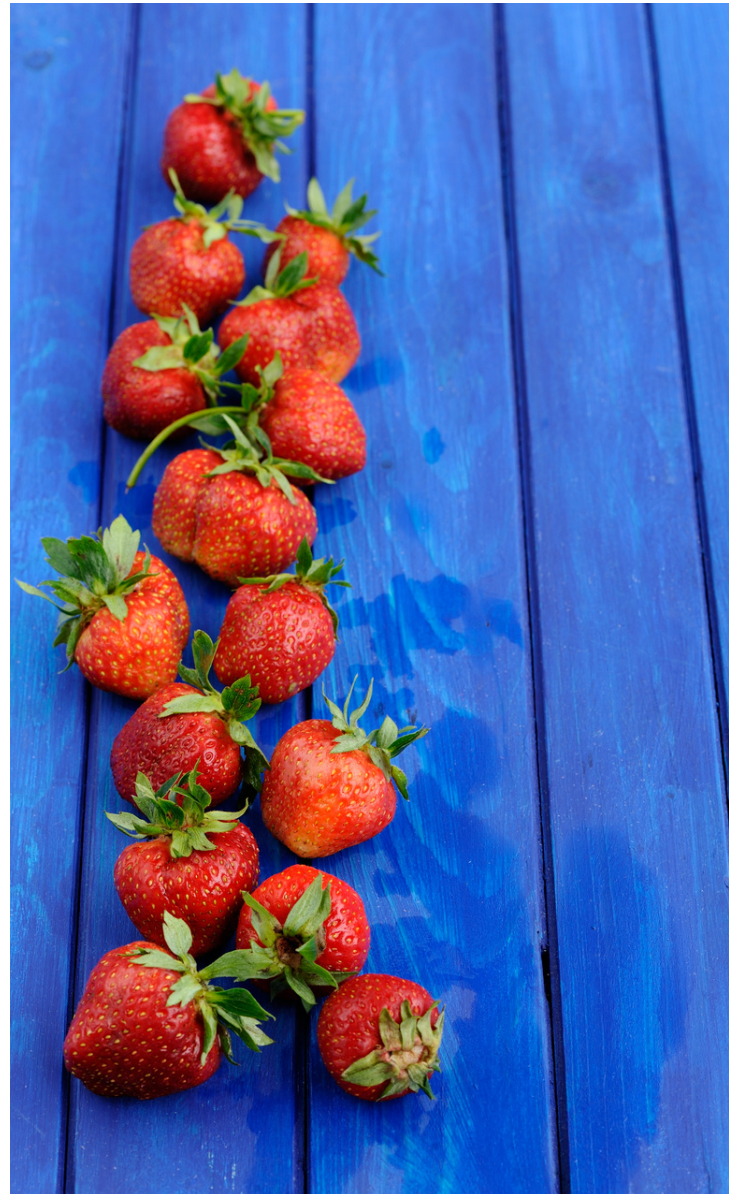
TO YOUR PREMIER CNS SUPERVISION EXPERIENCE

We're so excited you are here. We love to work with early career nutrition professionals to help translate what they have learned in school into clinical practice.

In the next few pages, you'll learn more about us and what is included in our supervision programs.

If you have any questions, please reach out to us at info@cliniciansincubator.com

We can't wait to hear more about you and see if our program is a good match to grow your dreams.





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WHICH PROGRAM IS RIGHT FOR YOU?

Compare our programs

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SIGNATURE SUPERVISION

Discover the details of our premier program

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STARTER SUPERVISION

Starts anytime

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GET MORE INFO AND SIGN UP TODAY

Check out the next steps for your preferred program



OUR PROMISE TO YOU

Here's the deal. We have been through what you are facing. It's tough. Really. We can help.

We design our programs intentionally - with the goal to help people not only get their hours, but do everything required to get their CNS certification.

This isn't a "check the boxes" type of program. As you'll see, we work hard to provide lots of live support, to help get you over any speed bumps you encounter.

Liz Abel, Alyson Roux, & Meg Bowman

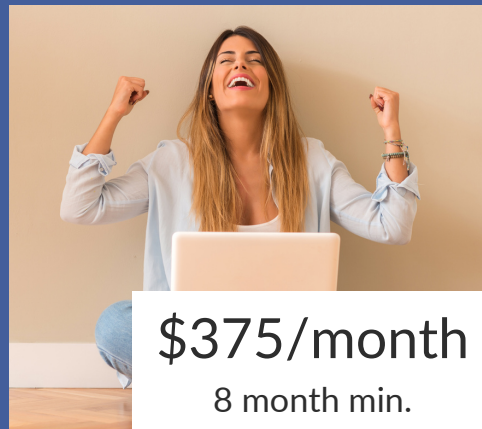


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Supervision Programs

Signature Supervision

Ready to get your CNS hours done, pass that test and start your career? Our Signature Supervision program provides individual and group supervision, business coaching and valuable workshops, shadowing opportunities, and a readily available bank of 250 observational hours.



Starter Supervision

Still in school and managing tons of assignments, papers, and tests but also want to start your CNS hours? Join us for a "lighter" version of our Signature Supervision Program with an hour of supervision/month, valuable workshops and bonus materials to get you going before starting Signature Supervision.





Signature Supervision

CULTIVATE YOUR CAREER

SIGNATURE SUPERVISION PROGRAM

WHAT'S INCLUDED?



Four+ hours of live supervision monthly (one to two sessions are individual, 3 of the hours are small groups of 6 or less)



Monthly education modules designed to teach you the "how" of nutrition practice (school already taught the "what")



Shadowing of clinical sessions (intake and follow up) by three different supervisors on a monthly basis



A live Overwhelmed to Outstanding program that will have you up and running and ready to see clients in no time. Legal and client forms, charting and more



Regular support from a mentor who has been through the program and can walk you through EVERY step you need to take to get your CNS



Monthly supervisor-led business and career coaching in a small group of your peers



Opportunities to shadow and work up client case studies for observational hours



A comprehensive CNS test prep program that starts three months before every exam

KEEP TURNING PAGES TO GET THE DETAILS



Sample Month of the Signature Supervision Program

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S	M	T	W	T	F	S
Education Module Opens	Workshop	Individual 1:1 Supervision			Business Advising Group	
	Workshop			Test Prep Workshop	Group Clinical Supervision	
	Workshop	Shadow Supervisors		Test Prep Workshop	Group Education Supervision	
	Workshop	Individual 1:1 Supervision		Test Prep Workshop	Group Clinical Supervision	

Check out the details of the program on the following pages

Monthly Supervision

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Individual Supervision

In your 40-minute personal supervision sessions (six sessions every 4 months) you can really dig in to the challenges and stumbling blocks you are having with clients. Chat about food or supplement protocols. Go over labs. Get the in depth support you need.

People tell us they adore clinical rounds. Not only do you get to have a strategy session about a challenge you or your client is facing, you also get to listen in and support your peers with their challenges. Huge growth happens here. Groups are six people or less - so you are actively engaged.

Clinical Rounds Supervision

Education Rounds Supervision

Once monthly we'll meet to go over any specific questions or challenges you have about the education module topic of the month (see the following page). Bring your questions, concerns, and even personal challenges.

EDUCATION MODULES

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Months 1-8

We start with super important topics that most schools don't cover adequately:

- Mental Health Nutrition
- Eating Behavior
- Eating Disorders
- Stress Hormones
- Metabolic
- GI Module 1 (motility)
- Pregnancy and Lactation
- Thyroid

Most people enroll in months 9-12 to complete their hours.

Months 9-12

We finish up with:

- GI Module 2 (Autoimmune)
- Sleep
- Pain and Inflammation
- Sex Hormones



OVERWHELMED TO OUTSTANDING ROADMAP

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MATERIAL

Included in our Signature Supervision Program is the Overwhelmed to Outstanding Roadmap. Each month, you'll receive customized support to take you from a nutrition grad student to a thriving nutrition professional.

Orientation - our orientation month is filled with meet and greets with supervisors, peers, and mentors, and improv workshops to get you ready to work.

Month 1: Includes workshops on charting (using federally mandated Open Notes format), making nutrition diagnoses, and EMR set up and automation. We give you ALL the forms and notes you need.

Month 2: This month, we focus on copywriting for your website, and executing strategic job searches.

Month 3: Includes workshops on maximizing your CNS hours accrual, protocol development, and creating group programs.

Month 4: This month, we focus on maximizing client retention through discovery calls, managing client expectations, how to conduct follow ups.

Want to Learn More?

Sign up for a no-obligation 30-minute Zoom info session. We'll talk about your goals, give you a tour of the program, and answer any questions you have.

[Schedule an info session](#)

Keep scrolling to see **all** the bonus material that comes with our Signature Supervision Program!

Business Advising

REGULAR SUPPORT TO GET CLIENTS, GET A JOB, OR GROW YOUR PRACTICE

Need a little non-clinical support? Someone to look over your resume or an email you're sending to a doctor? Need to spend a few minutes strategizing how to get clients, or how to study for the CNS exam? We got your back - you'll meet with your small group cohort and an advisor on a monthly basis to support your growth.



DON'T FORGET

the hours opportunities!

We know the thought of getting hours is overwhelming. Fear not! Most people starting supervision have few, if any clients. You're not alone.

Don't wait to start supervision until you have clients - it is our job to help you get those clients. In the meantime, you can start accruing observational hours (you can accrue up to 250 total of your 1000 hours) with materials provided in:

- Each education module
- Labs interpretation/case study course
- Shadowing experienced supervisors

That's right, we have opportunities ready and waiting for you to accrue 250 observational hours, so if you're having a slow client month you can continue to get hours.

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MATERIAL

PRACTICE INCUBATOR

LEARN

We have recorded modules on everything from legal issues to accounting, client forms and policies, and even how to decorate an office.

TOOLS

We're big believers in providing a roadmap that can be altered for you - so we've provided legal forms, client forms, and marketing forms to help you grow fast.

GROW

Never done marketing before? We have your back. Come and learn a relationship-based approach just right for both introverts and extroverts.



WHAT YOU GET:

- Interviews with a lawyer
- Legal forms
- Interviews with an accountant
- Client forms
- Care coordination forms
- Intake SOAP note
- Follow up SOAP note

AND MORE:

- How to navigate supplements and labs
- How to network effectively to build your referral sources
- How to organize your clinical information
- Office policies
- Suggested email outreach
- And more!



Tests aren't fun

But they feel much less scary when you
prepare as a team!

Prior to every CNS exam, we host a series of more than 10 workshops to help prepare you for the exam. We'll review how to conquer tough questions, and dig into different subject matter areas to help you feel prepared.

APPLY NOW

1

STEP ONE: Schedule an Info Session

Make an info session appointment - we want to make sure you have all your questions answered before you take the time (and effort) to apply.

2

STEP TWO: Submit Application Materials

Once you've had the info session, we'll send you a link to submit your application materials. We ask for a resume, a copy of your transcript (unofficial is fine) and a brief statement about your interests and goals in nutrition.

3

STEP THREE: Application Interview

Have your application interview over zoom with one of our supervisors. Ask any last-minute questions you have. That's it! You're done!





Starter Supervision

SPROUT YOUR STRENGTHS







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WHAT IF I

need less supervision?

No worries! While we require that everyone complete our Signature Supervision program, it might make sense for you to start slowly, especially if you still have a lot of school assignments and even another job. For you - we'd suggest Starter Supervision, which includes:

-  **INDIVIDUAL SUPERVISION:** Meet with your dedicated supervisor for 1 hour/month to go over your client questions and challenges. Additional hours of supervision are possible for an additional fee if you track more than 40 hours/month on your hours tracker.
-  **PRACTICE INCUBATOR:** My friend, you're gonna need all the legal forms, client forms, charting tips, and more that comes with Practice Incubator - so that's included as a bonus!
-  **SHADOW SUPERVISORS:** If you are enrolled in Starter Supervision during the months we host shadowing opportunities, you are welcome to join us!
-  **WORKSHOPS:** You'll get access to targeted live workshops.



IS STARTER SUPERVISION Right for You?

Please note - Starter Supervision is not a stand alone program, all those starting "Starter" must join the Signature Supervision Program. "Starter" is only available for a maximum of six consecutive months -- or until the next group starts.

The \$375 deposit required for this program will apply to the last month of your Signature Supervision. We will work with you to determine your enrollment timeline.

APPLY NOW

1. **Schedule an Info Session** Make an info session appointment - we want to make sure you have all your questions answered before you take the time (and effort) to apply.
2. **Submit Application Materials**
3. **Application Interview**



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LET'S STAY IN TOUCH!

We'd love to hear from you. Have questions? We got answers.

Shoot us an email at info@cliniciansincubator.com and we'll get back with you shortly!

Next Steps:

[Sign up for an info session here](#)

Email: info@cliniciansincubator.com

Website: cliniciansincubator.com



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